

REFERENCES

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2008-01-15

Warning

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BIOQUANT

Luteinizing Hormone (LH) ELISA

Catalog No.: BQ 049F (96 tests)

INTENDED USE

The LH ELISA kit is used for the quantitative measurement of LH in human serum or plasma.

SUMMARY AND EXPLANATION

Luteinizing hormone (LH) is produced in both men and women from the anterior pituitary gland in response to luteinizing hormone-releasing hormone (LH-RH or Gn-RH), that is released by the hypothalamus. LH, also called interstitial cell-stimulating hormone (ICSH) in men, is glycoprotein with a molecular weight of approximately 30,000 Dalton. It is composed of two noncovalently associated dissimilar amino acid chains, alpha and beta. The alpha chain is similar to that found in human thyroid-stimulating hormone (TSH), follicle-stimulating hormone (FSH), and human chorionic gonadotropin (hCG). LH stimulates ovulation and ovarian steroid production in the female. In the male, LH controls Leydig cell secretion of testosterone. LH is elevated in Luteal phase of menstrual cycle, primary hypogonadism, Gonadotropin-secreting pituitary tumors and menopause. LH is decreased in hypothalamic Gn-RH deficiency, pituitary LH deficiency and ectopic steroid production.

PRINCIPLE OF THE TEST

The LH ELISA kit is a solid phase direct sandwich method. The samples and diluted anti-LH-HRP conjugate are added to the wells coated with Mab to LH beta subunit. LH in the patient's serum binds to anti-LH MAb on the well and the anti-LH second antibody then binds to LH. Unbound protein and HRP conjugate are washed off by wash buffer. Upon the addition of the substrate, the intensity of color is proportional to the concentration of LH in the samples. A standard curve is prepared relating color intensity to the concentration of the LH.

MATERIALS PROVIDED		96 tests
1.	Microwells coated with LH MAb	12x8x1
2.	LH Standard: 6 vials (ready to use)	0.7ml
3.	LH Enzyme Conjugate: 1 bottle (ready to use)	12 ml
4.	TMB Substrate: 1 bottle (ready to use)	12ml
5.	Stop Solution: 1 bottle (ready to use)	12ml
6.	Wash concentrate 20X: 1 bottle	25ml

MATERIALS NOT PROVIDED

1. Distilled or deionized water
2. Precision pipettes
3. Disposable pipette tips
4. ELISA reader capable of reading absorbance at 450nm
5. Absorbance paper or paper towel
6. Graph paper

STORAGE AND STABILITY

1. Store the kit at 2 - 8° C.
2. Keep microwells sealed in a dry bag with desiccants.
3. The reagents are stable until expiration of the kit.
4. Do not expose test reagents to heat, sun, or strong light.

WARNINGS AND PRECAUTIONS

1. Potential biohazardous materials:
The calibrator and controls contain human source components which have been tested and found non-reactive for hepatitis B surface antigen as well as HIV antibody with FDA licensed reagents. However, there is no test method that can offer complete assurance that HIV, Hepatitis B virus or other infectious agents are absent. These

reagents should be handled at the Biosafety Level 2, as recommended in the Centers for Disease Control/National Institutes of Health manual, "Biosafety in Microbiological and Biomedical Laboratories" 1984.

- This test kit is USA FDA exempt product.
- Do not pipette by mouth. Do not smoke, eat, or drink in the areas in which specimens or kit reagents are handled.
- The components in this kit are intended for use as an integral unit. The components of different lots should not be mixed.
- It is recommended that standards, control and serum samples be run in duplicate.
- Optimal results will be obtained by strict adherence to this protocol. Accurate and precise pipetting, as well as following the exact time and temperature requirements prescribed are essential. Any deviation from this may yield invalid data.

SPECIMEN COLLECTION HANDLING

- Collect blood specimens and separate the serum immediately.
- Specimens may be stored refrigerated at (2-8° C) for 5 days. If storage time exceeds 5 days, store frozen at (-20° C) for up to one month.
- Avoid multiple freeze-thaw cycles.
- Prior to assay, frozen sera should be completely thawed and mixed well.
- Do not use grossly lipemic specimens.

REAGENTS PREPARATION

Prepare 1X Wash buffer by adding the contents of the bottle (25 ml, 20X) to 475 ml of distilled or deionized water. Store at room temperature (18-26° C).

ASSAY PROCEDURE

Prior to assay, allow reagents to stand at room temperature. Gently mix all reagents before use.

- Place the desired number of coated strips into the holder
- Pipette 50 µl of LH standards, control and patient's sera.
- Add 100 µl of enzyme conjugate to all wells.
- Cover the plate and incubate for 30 minutes at room temperature (18-26° C).
- Remove liquid from all wells. Wash wells three times with 300 µl of 1X wash buffer. Blot on absorbent paper towels.
- Add 100 µl of TMB substrate to all wells.
- Incubate for 10 minutes at room temperature.
- Add 50 µl of stop solution to all wells. Shake the plate gently to mix the solution.
- Read absorbance on ELISA Reader at 450 nm within 15 minutes after adding the stopping solution.

CALCULATION OF RESULTS

The standard curve is constructed as follows:

- Check LH standard value on each standard vial. This value might vary from lot to lot. Make sure you check the value on every kit. See example of the standard attached.
- To construct the standard curve, plot the absorbance for the LH standards (vertical axis) versus the LH standard concentrations (horizontal axis) on a linear graph paper. Draw the best curve through the points.
- Read the absorbance for controls and each unknown sample from the curve. Record the value for each control or unknown sample.

Example of Standard Curve

Standard	OD (450 nm)
Standard 1 (0 mIU/ml)	0.042
Standard 2 (3.1 mIU/ml)	0.286
Standard 3 (6.25 mIU/ml)	0.529
Standard 4 (12.5 mIU/ml)	0.886
Standard 5 (25 mIU/ml)	1.460
Standard 6 (50 mIU/ml)	2.511

EXPECTED VALUES

It is recommended that each laboratory establish its own normal ranges based on a representative sampling of the local population. The following values for LH may be used as initial guideline ranges only:

	Male (mIU/ ml)	Female (mIU/ ml)
Adult	1.5-9.3	Follicular phase: 1.9-12.5
		Mid-cycle : 8.7-76.3
		Luteal phase : 0.5-16.9
		Post menopausal : 5.0-52.3

LIMITATIONS OF THE TEST

- The test results obtained using this kit serve only as an aid to diagnosis and should be interpreted in relation to the patient's history, physical findings and other diagnostic procedures.
- Do not use sodium azide as preservative. Sodium azide inhibits HRP enzyme activities.

PERFORMANCE CHARACTERISTICS

1. Correlation with a Reference ELISA kit:

A total of 110 sera were tested by this ELISA and a reference ELISA kit. Results were as follows:

Correlation	Slope	Intercept
0.98	0.9	0.37

2. Precision

Intra-Assay

Serum	No. of Replicates	Mean mIU/ml	Standard Deviation	Coefficient of Variation (%)
1	16	47.2	2.92	6.18
2	16	16.3	1.24	7.60
3	16	1.7	0.18	10.58

Inter-assay

Serum	No. of Replicates	Mean mIU/ml	Standard Deviation	Coefficient of Variation (%)
1	10	46.1	3.75	8.13
2	10	15.6	1.69	10.83
3	10	1.9	0.22	11.57

3. Sensitivity

The sensitivity was determined by calculating the mean plus 2SD of the standard zero point tested 20 times in the same run.

Serum	No. of Replicates	Mean mIU/ml	Standard Deviation	Mean + 2SD (Sensitivity)
Zero standard	20	0.09	0.015	0.12 mIU/ml

4. Recovery

Known quantities of LH were added to a serum that contained a low concentration of LH.

Expected Value(mIU/ml)	Recovered (mIU/ml)	Percentage of Recovery
8	8.2	103
16	14.4	90
32	33.5	104